

Daniel



Lesson 30-Heavenly Health

Focus: Dan. 1:8, 17/Health

- ❖ **Daniel lived such a long life of usefulness for God.** *He lived to see two separate kingdoms of prophecy, in power; Babylon, and Medo-Persia. He would have been in his 90's by the time the book of Daniel ended. The Bible does not record for us the actual time Daniel died (which would have been sometime after that). Thanks to Daniel's early life choices, regular devotional life in prayer and worship, faithful obedience to God's commands, and a healthy diet, Daniel lived a long and useful life for God. See God's promise in Proverbs 3:1,2.*
- ❖ **Do cultures** (like ancient Babylon) **sometimes offer us things that we should never accept?** (Daniel 1:5,8,12,15,17,20—*God blessed Daniel for his faithfulness too*)
- ❖ **Daniel refused the "wine" that the worldly culture was offering him. Shouldn't we do the same? (Proverbs 23:31; 31:4, 5, 6-7).** *We are considered as "kings" in the Bible (ref. Rev.1:6)*
 - **Some people say** that Jesus drank alcoholic wine. Is that true? *Jesus is "King of kings and Lord of lords" (ref Rev. 19:16)—Jesus would never disobey God's word. He is God!! (The Greek word in the Bible that is translated as "wine" is "oinos". It can be either fermented or unfermented. Jesus would not have done something that made people an easy prey for the Devil—The Bible says, "Be sober..." 1 Peter 5:8)*
 - **Should a Christian ever drink alcohol?** (we are to be followers of Jesus' example—1 Peter 2:21) *Christians never ran after drunkenness and wild living (1 Peter 4:3,4).*
- ❖ **Does a loving parent ever want their child to smoke cigarettes? Why?** (neither does our Heavenly Father! ...don't destroy the special gift of health that he's given)
- ❖ **Why have some "Christian" churches stopped teaching about the evils of alcohol? "(Spiritual) Babylon is fallen!!" the Bible says. But, what is she fallen from?** *She has fallen from God's high and perfect standards of righteousness. She has fallen from true obedience to God's word...just like the Devil also fell from Heaven when he disobeyed God. Adam and Eve also fell from their close relationship to God when they disobeyed God's commands in Eden!*
 - **How did the church in the Old Testament also fall from God's Holy Standards? (Ezekiel 22:26)** *This is the condition of Babylon today—Both the Mother of Prostitutes and her daughters (ref. Rev. 14:8; 17:5). They have disobeyed God's Holy Standards. They do not fully uphold the commands (and true teachings) of God's word. It is much watered down and in many ways their standards are not much different from the world's standards. Disobedience to God's holy standard, and neglect of the truth of God's word was a real problem at that time, even among the priesthood. It would not have been safe to follow their example at that time! (neither should we today)*
- ❖ **Who does Revelation 14:7 call us to give glory to?** *We should honor and give glory to the Creator by taking care of the bodies He's given us!*
 - *God calls us to take care of our bodies and our spirits (See 1 Corinthians 3:16, 17; 6:20).*
 - **Health is a special gift that God gives to us. How should we treat gifts?** *(if you smash up and destroy a gift in front of the person who gave it, how does that make them feel)*

- ❖ **What should we do if a church is teaching something different from the Bible? Who should we follow? (Revelation 14:4)** (*a woman is a symbol for a church—ref. Ephesians 5:25,31,32*)
- ❖ **How does God distinguish between the clean and the unclean foods for our diet? (Leviticus 11)**
 - **Land animals (Leviticus 11:1-8)** Pigs meat is filled with Trichina larvae (USDA will not even grade it).—Pigs have no sweat glands and they'll eat anything—they are literally unclean, filthy animals.
 - **Water animals (Lev. 11:9-12)** Snapper, Tuna, bass, etc (are all clean). Shellfish, Octopus, shrimp, etc. (literally not clean). Oysters found to have *50 times* the concentration of polio virus in them than the surrounding water. (God's water cleaning system, not edible)
 - **Flying creatures (Lev. 11:13-19)** These birds are scavengers—they eat rotting flesh and any number of things—they are God's garbage disposal system. Chicken though, is clean. It has a gizzard to clean the impurities it eats. God still considers all these things *unclean* in the last days (Rev. 18:2)
 - **Would you like to put a vacuum cleaner on the table for dinner?** (I wouldn't think so)
 - Also, a Christian should never eat meats filled with blood (i.e. Red beef). (Lev. 17:14; Acts 15:29)—People who eat bloody, red meats often die early deaths from poor health.
- ❖ Some people think that Peter's vision in Acts 10 made the unclean foods clean? Is that true? (Acts 10:13-17, **28**) "*God has shown me that I should not call any _____ impure or _____.*" **(v.28)**
- ❖ **Some think if we just pray over the unclean foods then it will be okay to eat. Is that idea true?** (1 Timothy 4:3-5) "*...Certain foods, which God has _____ to be received with thanksgiving...*" (v.3) "*Everything God created is _____ ...*" (but only the "certain foods" God created for eating. You wouldn't eat another person!!!) "*It is consecrated [blessed for eating] by the _____ of God and prayer.*" (we may only eat what is approved by the **WORD** of God.)
- ❖ **What warning does God give for people in the last days just before Jesus returns?** (Isaiah 66:15-17) (*If we know better, but we still eat the unclean things, God considers that rebellion—James 4:17*)
- ❖ **What was the first sin committed by Adam and Eve? (Genesis 2:17)**
 - You shall not _____ of the fruit of the tree of the knowledge of good and evil.
 - If you _____ of the fruit you will surely _____.
 - Adam and Eve _____ the fruit (Sinned) and they L ___ t their home in Paradise. (Death)

"Whether therefore you eat, or drink, or whatever you do, do all to the glory of God."

- 1 Corinthians 10:31

Question (s) for the Heart:

Is it your desire to follow Jesus wherever He goes? _____ Would you like to "give glory to God," by living in obedience to His health laws? _____ (*our life can shine like Daniel's if we're faithful!!!*)